



Your Fall Creativity Reset

Your Space

- ☐ Set up one visible craft station
- ☐ Gather supplies within reach
- ☐ Make your creative space inviting

Your Time

- ☐ Pick your Anchor Point
- ☐ Set a timed craft goal (10 min of making)
- ☐ End with something you love (reward yourself for showing up)

Your Projects

- ☐ Donate old, unused supplies
- ☐ Let go of an uninspiring project
- ☐ Pick a project that thrills you

Your Supplies

- ☐ Take Inventory
- ☐ Organize
- ☐ Put your most-used supplies in your space

Your Mindset

- ☐ Abandon the streak
- ☐ Let go of perfectionism
- ☐ Focus on the joy of making

Your Season

- ☐ Determine any gifts you want to make
- ☐ Review your projects for the season
- ☐ Choose what you want to finish - and what can wait

Your People

- ☐ Share your goals with at least one friend
- ☐ Set expectations with family
- ☐ Get your kids involved in their own crafts

Craft Days

- ☐ Mark them on the calendar
- ☐ Treat them as a priority
- ☐ Decide what counts as "showing up"

Set Monthly goals

Sept. _____

Oct. _____

Nov. _____

Dec. _____

Determine Your Momentum Style

- ☐ Do you like to create a little each day?
- ☐ Would you rather get lost in your project?
- ☐ Do you need a finish line to get started?
- ☐ Do you need permission to create whenever opportunity strikes?

Take the quiz → Build the creative habit plan that fits YOU

